

**Marble Falls Youth Football/Cheer  
Parent Information Sheet**  
[www.marblefallsyouthfootball.com](http://www.marblefallsyouthfootball.com)

Football season can be intense and time demanding. Please be prepared for a full commitment to your child's practice and game schedule. Please be supportive of your coaching staff, they put in many voluntary hours for your child's opportunity to play the game.

**Parents to Provide**

**Football**

Cleats (No metal)  
Practice jersey  
Practice Pants

**Cheer**

Shoes  
Socks

**League to Provide**

**Football**

Helmet  
Pads  
Game Jersey  
Game pants  
Mouth Piece  
Chin Strap

**Cheer**

Uniform  
Pom Poms

**Practice**

1. 1<sup>st</sup> practice will be **August 1<sup>st</sup>**
2. Your coach will make contact with you by **July** for schedule and location of practices.
3. 10 hours of conditioning is required prior to contact drills.
4. Shorts, T-shirt and cleats needed for conditioning practices

**Parents:**

Each child **must** have a recent physical prior to starting contact drills. (**No exceptions**)

**Paper Work Required**

- A.) Birth certificate (copy Acceptable)
- B.) Completed and Signed Physical form
- C.) Report card from year ending May 2010
- D.) Payment

★ No equipment will be distributed to the player until the association has received all above items

**Equipment**

**Mandatory:** Practice and equipment distribution on **July 31st**